

**THE VALIDITY OF AN X-RAY SCATTER APPROACH FOR THE
DETECTION OF OLIVE OIL ADULTERATION**

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X-ray scattering from biological samples was used in tissue characterization due to its dependence on the molecular structure of biological samples. This work aimed to investigate its validity in the detection of the adulteration of Virgin Olive Oil (VOO) with Corn Oil (CO) compared to the well-known viscosity and UV-Visible absorption spectroscopy techniques. Results showed that despite the favorable linear dependence of oil viscosity on the percentage of adulterant (0%, 20%, 40%, 60% and 80%), yet reliable difference from pure VOO seemed to exist only for CO percentages of 40% or above. Surprisingly, X-ray scatter profile parameters - Area Under Curve (AUC) and peak height showed valid variations from pure VOO for the same CO percentages. On the other hand, UV-Visible absorption peaks at 465 and 670 nm showed significant differences between all concentrations of adulterated samples and control. Nevertheless, the introduction of a technique capable of probing the changes in molecular structure provides new perspective for the confirmation of the detection of VOO adulteration.

Keywords: viscosity, x-ray scattering, olive oil, corn oil, adulteration

Introduction

Food is the main source of energy for human beings therefore, it is extremely important to take care of it. Unfortunately, many types of food were subjected to adulteration by some greedy traders without any concern to human life. Adulteration of food was practiced for many decades in order to maximize the profit. Low quality ingredients were mainly used in the adulteration process instead of high quality ingredients (Nasreen and Ahmed, 2014).

Spink and Moyer (2013) pointed out that among the common adulteration methods was the replacement of some of the high quality ingredients with cheaper ones without declaring it. The adulteration process was done in a way such as consumers

could not detect it. Therefore, efforts were put on offering reliable means for the detection of food adulteration (Peng *et al.*, 2017).

Among the detected food adulterations around the globe were the adulteration of powdered milk with melamine powder (Daniel *et al.*, 2017; Ezhilan *et al.*, 2017; Moncayo *et al.*, 2017). This type of adulteration was said to cause many serious health problems such as the formation of kidney stones, kidney failure and bladder cancer (Anjos *et al.*, 2015; Wang *et al.*, 2015; Wu *et al.*, 2017). A widely spread beef meat adulteration with illegal meats was also discovered (Cheng *et al.*, 2016; Nunes *et al.*, 2016; Al-Kahtani *et al.*, 2017; Meira *et al.*, 2017). Butter was adulterated using margarine and palm oil (Uysal *et al.*, 2013; Tomaszewska-Gras, 2016).

One of the important and widely spread food adulterations was the adulteration of Virgin Olive Oil (VOO) with other oils, mainly Corn Oil (CO) (Allam and Hamed, 2007; Alexa *et al.*, 2009; Torrecilla *et al.*, 2010; Valantina *et al.*, 2013; Rashvand *et al.*, 2016).

Different detection methods were used to identify food adulteration, involving Polymerase Chain Reaction (PCR) (Uysal *et al.*, 2013), Near-Infrared (NIR) measurements (Christy *et al.*, 2004; Huang *et al.*, 2016), UV-Visible Spectrophotometry (Torrecilla *et al.*, 2010; Milanez *et al.*, 2017) and Raman Spectroscopy (Li *et al.*, 2017). Viscosity measurements were shown to provide a means for the detection of Olive oil mixed with Corn oil (Yalcin *et al.*, 2012; Valantina *et al.*, 2013; Diamante and Lan, 2014; Hoffmann *et al.*, 2018).

The present work aimed to evaluate the validity of detection of the adulteration of Virgin Olive Oil (VOO) with Corn Oil (CO) using suggested X-ray scattering technique compared to the well-known viscosity and UV-Visible absorption spectroscopy techniques. X-ray scattering has the advantage of being sensitive to the changes in the molecular structure of investigated samples and was thus expected to offer an evaluation from a completely different perspective.

Materials and methods

Materials

VOO was purchased from the Faculty of Agriculture, Cairo University, Giza, Egypt, while CO was purchased from the local market.

Sample preparation

The adulteration process was carried out through the addition of CO to VOO. The CO percentages were 20%, 40%, 60% and 80%. Pure VOO was considered as control. After the addition of CO, all blends were manually shaken for about 30 seconds and stored in dark glass bottles until measurements. These bottles were protected from light and high temperature in order to retard the oxidative process at room temperature (Allam and Hamed 2007; Alexa *et al.*, 2009; Daniel *et al.*, 2017).

Viscosity measurements

Viscosities of pure VOO and VOO adulterated with different percentages (20%, 40%, 60% and 80%) of CO were measured. Viscosity of all samples was determined

in triplicate. All measurements were carried out at room temperature (36 °C). Brookfield DV-III, USA programmable Rheometer was used to measure the rheological properties. It is a cone-plate viscometer that measures the viscosity and the shear stress for a fluid at constant shear rate.

UV-Visible absorption Spectroscopy measurements

A UV Spectrophotometer (Jenway Ltd, Model 6405, Felsted, Dunmow, Essex, UK, Voltage: 230/115 V, Power: 200VA, Serial No: 1125, Frequency: 50/60Hz) was used to measure the UV-Visible spectra (200 - 850 nm, 5 nm resolution) of Virgin Olive Oil (VOO) and different percentages of the adulterant Corn Oil (CO) (Control, 20%, 40%, 60% and 80%). Quartz cuvettes (1 cm³) were used as sample holders. All measurements were performed in triplicate. Absorption spectra were graphed using Microsoft Excel.

X-ray scattering measurements

A Philip's X'pert Multipurpose X-ray Diffraction system (MPD), operating at 40 kV and 40 mA, with a horizontal sample holder (diameter of 25 mm and a depth of 5 mm), was used to acquire the X-ray scattering profiles of VOO samples that were either pure or adulterated with different percentages of CO. The device used a Cu target (size 12mm×0.4mm) to produce 8.047 keV collimated X-rays. All measurements were performed in step mode with a step of 0.5° at an angular range from $2\theta = 4.25^\circ$ to 70° with a step time equal to 20 sec.

Results and discussion

Viscosity

Figure 1 shows a considerably linear variation of shear stress with shear rate for almost all CO:VOO percentages. One could notice that the lower the adulterant (CO) percentage, the higher the viscosity (equal to the slope of the relation) of oil samples (Shin *et al.*, 2010). This was further illustrated in figure 2, which shows a linear decrease in viscosity with increase in CO percentage.

Figure 2 shows the variation of viscosity with CO percentages added to pure VOO. The viscosity of pure VOO decreased linearly with the addition of increasing percentages of CO (Yalcin *et al.*, 2012). One could notice that it was possible to detect the adulteration of pure VOO for adulterant CO percentages of 40% or above. Valantina *et al.* (2013) reported that there were many factors that may cause such decrease in viscosity including density, unsaturation and molecular weight of adulterant. López-Beceiro *et al.* (2011) reported that CO had linoleic acid as a dominant content in contrast to VOO with oleic acid as the dominant content. They attributed the increase in the VOO viscosity with the increase in the percentage of CO to the oleic acid/ linoleic acid ratio. Olive oil contains a lower level of saturated and higher level of non-saturated fatty acids suggesting that oils with more double bonds (*e.g.* CO) appear to have lower viscosity due to their loosely packed structure (Poulli *et al.*, 2006; Sharoba and Ramadan, 2012).

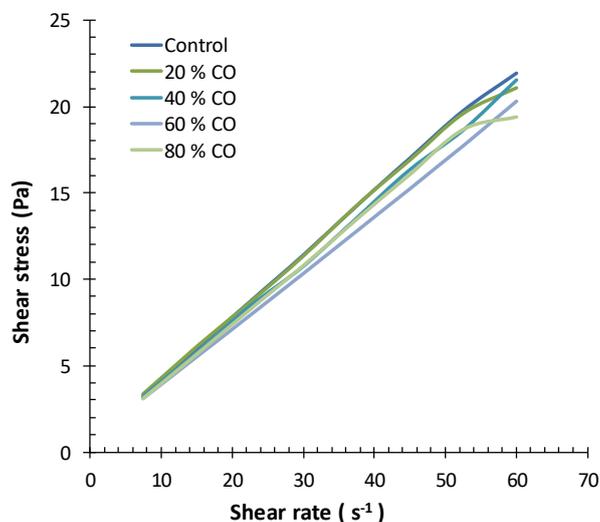


Figure 1. The variation of shear stress with shear rate for virgin olive oil adulterated with different percentages of corn oil

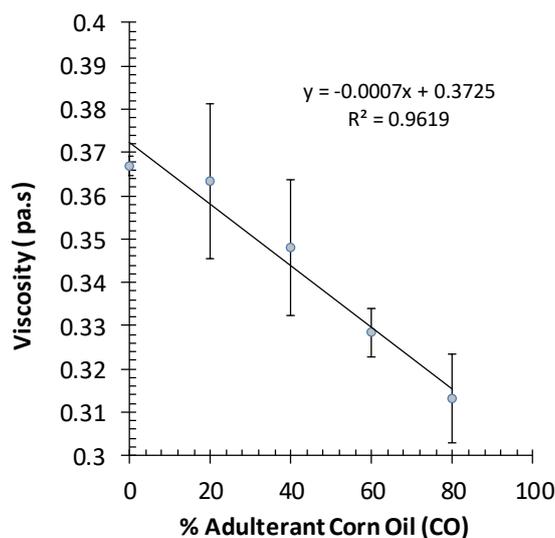


Figure 2. The variation of viscosity with percentages of adulterant corn oil in virgin olive oil samples

UV-Visible Spectroscopy

Figure 3a presents the UV-Visible spectra of pure VOO (Control) and Olive Oil samples adulterated with different percentages of CO (20%, 40%, 60% and 80%). For the carotenoids absorption peak at 465 and the chlorophyll absorption peak at 670 nm, one might notice a decrease in the value of absorbance with increase in the

percentage of adulterant. This was better represented by the bar graph in figure 3b, which showed a significant ($p < 0.05$) difference between the absorbance of all adulterant concentrations and control at these two peaks. This was a favorable and expected result that was supported by the results of similar studies (Torrecilla *et al.*, 2010; Milanez *et al.*, 2017). The decrease in the value of absorbance with increase in the percentage of adulterant was probably due to the presence of higher percentages of chlorophyll and carotenoids in VOO compared to other seed oils (Lazzerini and Domenici, 2017).

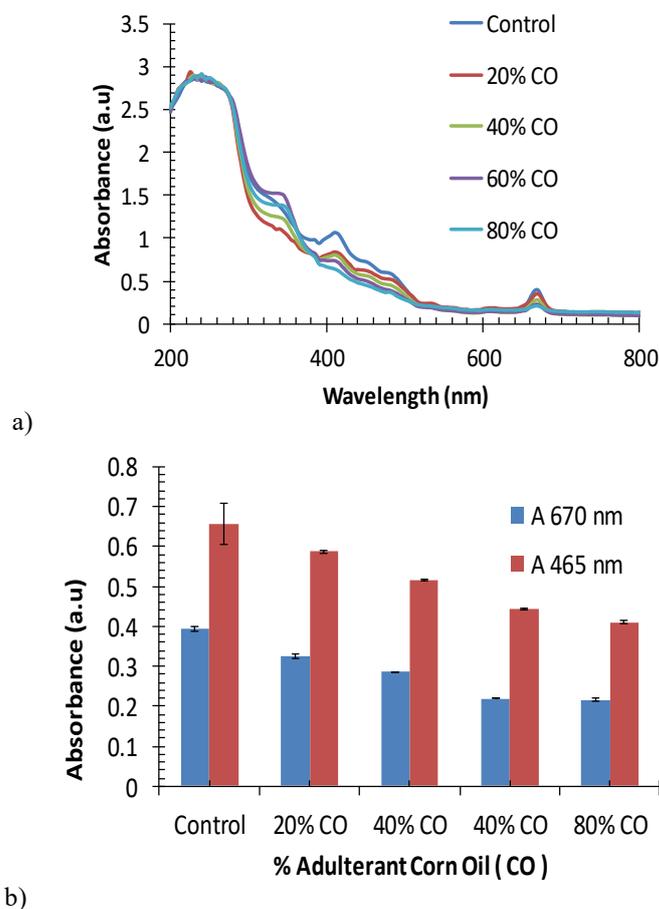


Figure 3. (a) The variation of absorbance with the wavelength, of adulterant corn oil in virgin olive oil samples (b) The variation of absorbance with different adulterant percentages at 670 nm and 465 nm.

X-ray scattering

Figure 4 presents normalized (at $\theta = 41.25^\circ$) X-ray scattering profiles of pure VOO and oil samples containing different percentages of adulterant CO added to

VOO. One could notice that it is possible to differentiate the profiles containing CO percentages of 40% or above from pure VOO. Figure 5 shows the variation of Area Under Curve (AUC) and Peak height X-ray scatter parameters with adulterant CO percentages in VOO samples. Both parameters could differentiate CO percentages of 40% or above from pure VOO, where the Peak height X-ray scatter parameter showed slightly larger differences between adulterated samples and the pure VOO sample.

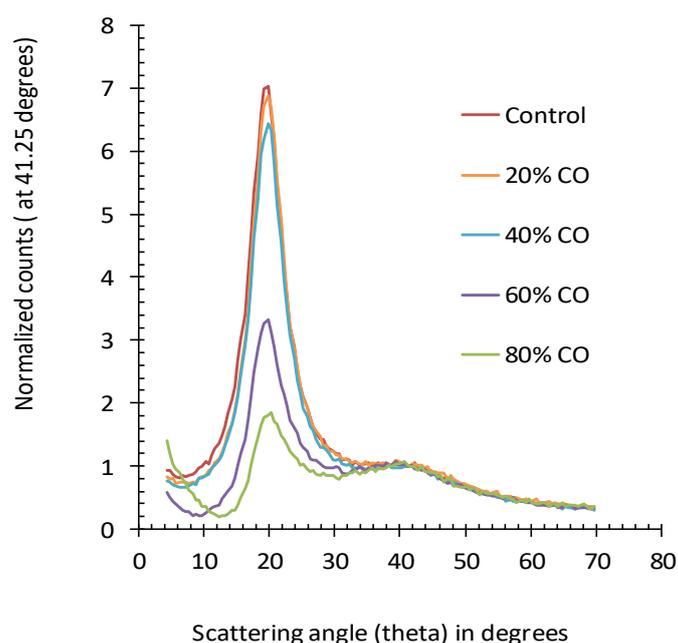


Figure 4. Peak normalized (at $\theta = 41.25^\circ$) X-ray scattering profiles for pure virgin olive oil and different percentages of corn oil added as adulterant to virgin olive oil.

The X-ray scattering results were compatible with those obtained from viscosity measurements. This was a success for the X-ray scattering technique that was investigated for such purpose for the first time. The technique is unique in that it depends on the detection of changes in molecular structure of given samples (Elshemey *et al.*, 2013; Elsharkawy and Elshemey, 2013; Elshemey *et al.*, 2015). Nevertheless, the results obtained by both techniques, although promising would probably need enhancements for the detection of adulterant CO below 40%.

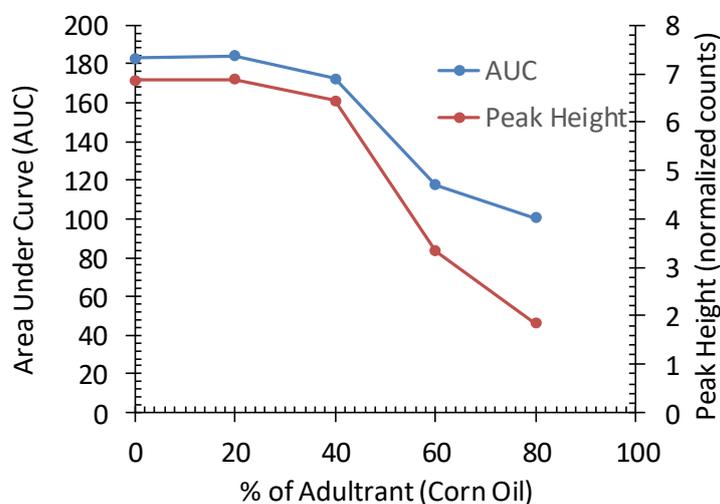


Figure 5. The variation of Area Under Curve (AUC) and Peak Height X-ray scatter parameters with adulterant corn oil percentages in virgin olive oil samples.

Conclusions

X-ray scattering technique showed a performance compatible to viscosity measurements in the detection of adulteration of VOO with different percentages of CO. Although limited by a minimum CO of 40%, further investigations for the improvement of this technique might enhance its limit for detection of adulterant CO in VOO samples. Despite UV-Visible spectroscopy showed better performance, yet the merit in using x-ray technique being its difference from the currently available techniques in that it depended on changes in the molecular structure of investigated samples and consequently, it offered a complementary verification from completely different perspective.

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